

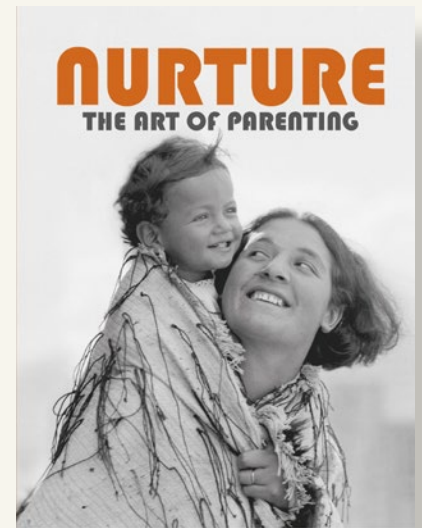
## NUTURE

### PETER ALSOP & NATHAN WALLIS

This is a book about community; about fostering the potential of children to boost New Zealand's wellbeing. It's a book of parenting ideas, shared by parents keen on growing the greater good. These parents challenged the norm – to keep parenting views to ourselves – and demonstrated that everyday parents have great ideas that should be shared.

*Nurture* links these generously gifted ideas to key personal virtues for living a great life. The virtues – wisdom, courage, compassion, integrity, self-mastery and belief – stem from the field of positive psychology, the study of happiness and wellbeing. They are virtues to cultivate in children and, to support child development, develop in our families, communities and schools.

Illustrated throughout with beautiful photos from mid-century New Zealand, the linking of ideas with imagery invokes a head-heart response; a powerful invitation for reflection, learning and growth. By opening our hearts and minds to ideas – both sharing them and receiving them – we embrace a timeless truth: it takes a village to raise great children. *Nurture* invites us all to lead the way to a community and country of new possibility.



#### ABOUT THE AUTHORS

**PETER ALSOP** lives with his wife and four young children in Wellington. He is passionate about the role of positive leadership to enhance families, organisations and communities – and in this specific case build oranga tamariki, child wellbeing. By day, Peter is a senior manager in the social sector and, by night, an author and designer. This is Peter's ninth book combining culture and heritage with art and design. It follows critically acclaimed books on New Zealand's tourism publicity and early advertising and, most recently, Peter's beautiful book, *Māuri Ora: Wisdom from the Māori World*.

**NATHAN WALLIS** is a father of three and foster parent, with a professional background in child counselling, teaching and social services. He is the founder of X Factor Education, a social enterprise that translates neuroscience into practical advice for everyday life improvement. This mission builds on Nathan's university lecturing on human development, and on wider work improving the interface of neuroscience with professional practice. Amongst his specialities, Nathan is an inspiring international speaker and a regular media commentator on child development and parenting. Perhaps most importantly, Nathan will pretty much do anything to promote child wellbeing.

**PETER AND NATHAN ARE AVAILABLE FOR INTERVIEW / EXTRACTS ARE AVAILABLE ON REQUEST**

**\$39.99**

220 x 170 mm, 192 pp, hardback  
with dustjacket

ISBN: 978 0 947503 88 8

Published: September 2018

**For more information contact**

Sarah Thornton, freelance book publicist

PHONE 021 753 744

EMAIL [sarah.thornton@prcomms.com](mailto:sarah.thornton@prcomms.com)