

## ALWAYS DELICIOUS LAURINE JACOBS

*“Seasonal, local eating is at the heart of my thinking – but as a food-exporting country we must be respectful of the balance of trade and also eat imported food. I love to travel about the country and overseas, finding inspiration in eating out, understanding the regional fare that reflects the local terroir and immersing myself in others’ food cultures. Many of my recipes reflect these travels.”*

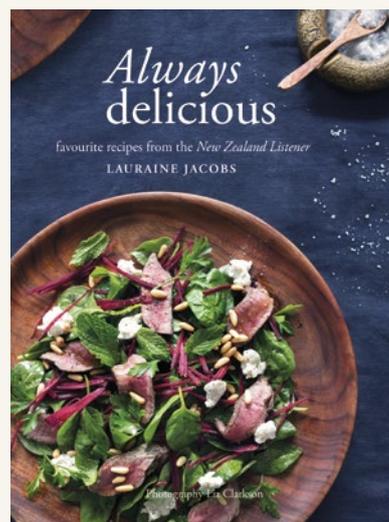
– Lauraine Jacobs, *Always Delicious*

Lauraine Jacobs is one of our leading food writers, best known for her work with *Cuisine* and her long-running food column in the *New Zealand Listener*. Lauraine is passionate about the amazing culinary possibilities for our country’s food and wine; her dream is that New Zealand becomes an internationally recognised food-tourism destination.

*Always Delicious* is a compilation of Lauraine’s favourite recipes from her eponymous *New Zealand Listener* column; recipes that Lauraine loves so much, she cooks them constantly. They reflect her belief that food should be consistently delicious to eat, simple to make and use the best of our fresh seasonal ingredients.

*Always Delicious* contains more than 100 recipes and is organised into six sections, including: sensational salads and vegetables, savoury dishes, fish, meat, sweets and desserts. For Lauraine, salad and vegetables are at the heart of every meal. “As a Kiwi-raised girl who grew up with meat or protein at the centre of the dinner plate, I continue the habits of my lifetime, albeit with much smaller portions of lamb, beef, chicken or fish than when I started out cooking. There are always seasonal vegetables with my meals, and we eat vegetable-based dishes frequently,” says Lauraine.

Featuring Liz Clarkson’s luscious food photography, *Always Delicious* is an elegant and inspiring cookbook. As Lauraine says, “Most importantly, I hope some of these recipes will have you energised to get into the kitchen, be excited about cooking, and really enjoying delicious food.”



### ABOUT THE AUTHOR

**LAURINE JACOBS** is an internationally regarded food and wine writer and author/editor of nine cookbooks. Trained at the London Cordon Bleu School she has been writing on all matters culinary for more than 25 years. Her best-selling book, *The Confident Cook*, is a much-loved book in many New Zealand homes. A passionate cook and lover of simply presented fresh food, she has won many food and recipe writing awards including two Gold Ladles at the World Food Media Awards. A tireless champion of the New Zealand fine culinary scene, especially small artisan producers, regional specialty foods and farmers’ markets throughout the country, she was the major contributor to the Gold Ladle-winning *Cuisine Wine Country*. Lauraine accepted an MNZM in the Queen’s Birthday Honours List in 2009 for services to the food industry.

**LAURINE JACOBS IS AVAILABLE FOR INTERVIEW / EXTRACTS ARE AVAILABLE ON REQUEST**

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